

## **Virginia Highlands LHRC**

DATE (10/12/2021) & TIME (12:00 PM)

### **FINAL MINUTES**

**LIST MEMBERS PRESENT:** Gardner Umbarger, Chairperson; Michelle DeBord, LCSW; Nancy Munsey, Barbara Bartnik, Secretary

**LIST MEMBERS ABSENT:** Suzanne Eller was by phone and lost service at 12:53p.

**OTHERS PRESENT:** Heather Oakes, Human Rights Advocate; Mykala Sauls, Human Rights Advocate; Matt Woodlee, LMFT

### **CALL TO ORDER**

Gardner Umbarger (Chair) called meeting to order at 12:13p. Those in attendance make introductions.

### **PUBLIC COMMENTS**

No public comments were made.

### **APPROVAL OF THE AGENDA**

The agenda, submitted by Heather Oakes, was motioned to be approved at 12:18p by Gardner Umbarger, seconded by Barbara Bartnik; there were no corrections and the agenda was approved unanimously.

### **APPROVAL OF THE MINUTES**

The May 11, 2021 minutes were motioned at 2:13pm to be approved by Nancy Munsey seconded by Michelle DeBord and were approved.

### **ADVOCATE ANNOUNCEMENTS and UPDATES**

- The Office of Human Rights has been working on hiring new advocates were needed.

### **SOUTHWESTERN VIRGINIA MENTAL HEALTH INSTITUTE**

- Facility updates provided by Matt Woodlee
- Diversions continue to be an issue with other hospitals being closed. Patients who are not familiar with Southwestern Virginia are having difficulty acclimating and Matt believes it could have a direct correlation on the amount of peer to peer disagreements.
- They also have noticed an increase in admission of patients who have an ID/DD diagnosis. Staff are working to learn how to better serve this population and a new training has been added to the onboarding scheduled specifically designed to help ID/DD individuals.

**CLOSED (EXECUTIVE) SESSION** - Upon a motion made by Gardner Umbarger at 12:42, seconded by Michelle DeBord, the LHRC committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans.

- Review of Restrictions – Southwestern Virginia Mental Health Institute (Sections 50 and 100)
  - o Upon return to open session, these restrictions were unanimously accepted as presented with recommendations to improve wording on restriction forms.

RETURN TO OPEN SESSION - Upon reconvening in open session at 2:10pm based on a motion from Gardner Umbarger, seconded by Michelle DeBord, the members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session.

NEXT MEETING – December 14<sup>th</sup>, 2021 at Southwestern Virginia Mental Health Institute in person.

MEETING ADJOURNED

The meeting was adjourned at 2:14pm.

These minutes were transcribed by Mykala Sauls, Human Rights Advocate.