

## **VA HIGHLANDS LHRC**

Minutes

May 10, 2022

12:00 PM

Southwestern Virginia Mental Health Institute

### **MEMBERS PRESENT**

Gardner Umbarger – Chairperson

Nancy Munsey – Member

Barbara Bartnik – Secretary

Michelle DeBord, LCSW– Member

### **OTHERS PRESENT**

David Crews – SHRC Member

Matthew Woodlee, LMFT - SWVMHI

Heather Perry – DBHDS Human Rights Advocate

Mykala Sauls – DBHDS Human Rights Advocate

### **CALL TO ORDER**

The meeting was called to order by Gardner Umbarger, chairperson, at 12:07 PM.

### **ROLL CALL/ATTENDANCE**

Those in attendance make introductions. Chair welcomes attendees.

### **APPROVAL OF AGENDA**

A motion to approve the agenda with corrections to the spelling of DeBord and Bohem was made by Barb Bartnik seconded Nancy Munsey, and unanimously approved by all members in attendance.

### **APPROVAL OF MINUTES**

A motion to approve the VA Highlands LHRC minutes from February 15, 2022 was made by Nancy Munsey, seconded by Barb Bartnik, and unanimously approved by all members in attendance.

### **PUBLIC COMMENTS**

Matt Woodlee, LMFT, provided an update about SWVMHI including information on continuing COVID-19 precautions, bed numbers, police drop and out of catchment patients. He also provided updates to patient group activities off unit and the upcoming plant sale.

### **CHAIR ANNOUNCEMENTS**

None

### **ADVOCATE REPORT AND TRAINING**

Heather Perry provided an advocate report. See attached.

**OLD BUSINESS:**

None

**NEW BUSINESS**

- SWVMHI Restriction Review (12:25p)
- Eastern State Hospital- Consent Review (12:35p)
- Felts Supports for Living- Restriction Review (12:45p)
- Mount Rogers- Next Friend request (12:55p)

**CLOSED SESSION**

Upon a motion made by Gardner Umbarger and seconded by Nancy Munsey, the committee entered closed session at 12:24 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of treatment plans.

**RETURN TO OPEN SESSION**

Upon a motion made by Gardner Umbarger and seconded by Nancy Munsey, and unanimously approved by all members in attendance, the committee returned to open session at 1:00 PM. Each member then certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely to review an Individual's restrictive plan.

A motion to approve the consent review, behavioral treatment plan with restrictions, and next friend authorized representative was made by Gardner Umbarger, seconded by Michelle DeBoard, and unanimously approved by all members in attendance.

**NEW BUSINESS (Open Session)**

None

**MEETING ADJOURNED**

The meeting was adjourned at 1:05 PM by Gardner Umbarger, Chairperson. The next meeting will occur on August 9<sup>th</sup>, 2022.

## **Advocate Comments, Region 3**

### **Quarterly ANE and complaint statistics**

For the quarter ending 3/31/2021 in Region 3:

- There were total complaints 424 (394 Provider/30 CSB) involving allegations of abuse/neglect/exploitation. Of the 424 total complaints, 36 were substantiated. This is a percentage of 8.5% substantiated cases.

### **Summary of current Variances for R3**

There are no current variances for community-based providers in Region 3.

### **Statewide Updates**

**Omni Institute Report on Opioid Misuse:** According to a new report released by OMNI Institute, an evaluation partner of DBHDS. The report details a 60% decrease in misuse of any opioids in the past 30 days by participants in Virginia's State Opioid Response (SOR) Grant-funded program. These participants accessed a variety of treatment and recovery services according to the best fit for their needs. The three most commonly utilized services are Medication-Assisted Treatment, counseling, and peer support. Curbing the opioid crisis in Virginia has been one of our top priorities, even before the COVID-19 pandemic brought alarming new trends in overdoses. Now, more than ever, the work to expand treatment access, increase prevention and community coalitions, and deploy multi-year federal SOR grants is critical as we work to reverse these trends. This new data gives us great hope for what treatment and recovery services can do for those that are able to access them.

**Claude Moore Scholars** – The Richmond Times-Dispatch featured a story about our partnership with the Claude Moore Foundation's Scholars program, which is working to connect students to possible careers in health care, and especially behavioral health. This work has begun with a partnership between Petersburg Public Schools and Central State Hospital, and in the coming months, students in the program will have a chance to participate in a work study program at Central State that will help expose them to the many different careers within the behavioral health field. We are very excited about the possibilities here and see our work with Claude Moore as building a pipeline for the future that can truly benefit our entire system, while also strengthening our connections to the communities we serve.

### **Governor's Commitment to Mental Health**

My administration is working with legislators this General Assembly session to make much-needed improvements to state hospital services and community mental health services. These critical actions include working to increase historically low salaries at state hospitals, bolster behavioral health and crisis across Virginia, improve the discharge processes at state hospitals and develop an alternative custody service to relieve law enforcement of long hours waiting with patients in emergency departments.

**COVID-19 Cases** – As of 3/11/2022 COVID-19 Update – The latest COVID-19 numbers from our facilities show only 10 positive cases across all the DBHDS operated facilities. This is a significant decrease.

## • Upcoming Events

Visit the OHR page on the DBHDS website for updated training opportunities. Please see below for upcoming statewide training opportunities between now and July, 2022.

<b>Tuesday 4/5/2022</b>  <b>FACILITIES ONLY</b>	10:00a – 12:30p	<p>Reporting in CHRIS</p> <p><i>This training is designed as a review of the Department's web-based reporting system, regulatory mandates regarding reporting, and facility-specific human rights processes.</i></p> <p><a href="#">REGISTER HERE</a></p>
<b>Thursday 4/14/2022</b>	9:30a-12:30p	<p>Reporting in CHRIS: Abuse, Neglect, and Human Rights Complaints</p> <p><i>This training is designed to educate the learner on the human rights complaint process and provider reporting requirements specific to abuse and neglect allegations. The learner will increase their understanding of CHRIS and the Human Rights Regulations regarding human rights complaints and reporting.</i></p> <p><a href="#">REGISTER HERE</a></p>
<b>Thursday 5/19/2022</b>	10:00a-12:00p	<p>Restrictions, Behavioral Treatment Plans, &amp; Restraints</p> <p><i>This training is designed to educate the learner on regulatory requirements related to the use of restrictions, behavioral treatment plans, and restraints.</i></p>

		<a href="#">REGISTER HERE</a>
<b>Thursday 6/9/2022</b>	10:00a- 3:00p	<p>Investigating Abuse &amp; Neglect: An Overview for Community Providers</p> <p><i>This training is designed as an overview of the investigative process, specific to the investigation of abuse and neglect.</i></p> <p><a href="#">REGISTER HERE</a></p>
<b>Thursday 6/16/2022</b>	9:30a- 12:30p	<p>The Human Rights Regulations: An Overview</p> <p><i>This training is designed to provide the learner an in-depth review of the Human Rights Regulations. Providers will increase their understanding of the Office of Human Rights processes and the responsibilities of the provider as mandated by the Human Rights Regulations.</i></p> <p><a href="#">REGISTER HERE</a></p>
<b>Tuesday 6/28/2022</b>	10:00a – 3:00p	<p>Facility Investigation Training (FIT)</p> <p><i>This training is designed for new and seasoned facility investigators alike. The training will cover human rights processes, the DI 201, and investigative process.</i></p> <p><a href="#">REGISTER HERE</a></p>
<b>FACILITIES ONLY</b>		
<b>Thursday 7/14/2022</b>	9:30a- 12:30p	Reporting in CHRIS: Abuse, Neglect, and Human Rights Complaints

		<p><i>This training is designed to educate the learner on the human rights complaint process and provider reporting requirements specific to abuse and neglect allegations. The learner will increase their understanding of CHRIS and the Human Rights Regulations regarding human rights complaints and reporting.</i></p> <p><a href="#"><u>REGISTER HERE</u></a></p>
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### **2022 SHRC Meetings**

The SHRC will be meeting on the following dates in 2022. For details regarding meeting information, please reach out to your assigned Advocate.

April 14, 2022  
 May 19, 2022  
 June 23, 2022  
 August 18, 2022  
 September 29, 2022  
 November 3, 2022  
 December 8, 2022

### **LHRC Trainings**

We will be conducting quarterly virtual LHRC trainings for our assigned LHRCs. The trainings will also be recorded so that LHRC members can access the training and take a competency test to ensure they reviewed and understood the material. The dates are: 4/14/2022, 7/14/2022, 10/13/2022 and 1/12/2023 and the trainings will begin at 10AM. Please go ahead and block off 2 hours on your calendars on these dates. More information will be sent out soon from Amaya Henderson.