

Rappahannock-Rapidan Area LHRC  
15361 Bradford Rd, Culpeper, Virginia  
May 29, 2020 at 10:30am  
Approved Minutes

LIST MEMBERS PRESENT: Ann Garrett, Betsy Knight-Reid, Jackie Dare, Phoebe Muenger

LIST MEMBERS ABSENT: Phyllis Ryan and Arla Jean Lewis

CALL TO ORDER

Jackie Dare called meeting to order at 10:40am. Welcome committee members.

MINUTES

January 28, 2020 minutes were motioned to be approved by Dr. Garrett and seconded by Ms. Knight-Reid. The committee approved the minutes by unanimous vote.

PUBLIC COMMENTS: None

ADVOCATE ANNOUNCEMENTS

- The Office of Human Rights is offering statewide optional trainings. Upcoming trainings include two Adobe Connect trainings on June 11, 2020 for New Providers and a training in the CHRIS system. For details and to register, please visit the Office of Human Rights website at [www.dbhds.virginia.gov](http://www.dbhds.virginia.gov).
- DBHDS has developed guidance specific to COVID-19 and a COVID- Q&A which is available on the DBHDS website. Guidance is updated almost daily and will continue to be updated as it is received.

AGENDA ITEMS/NEW BUSINESS:

- Rappahannock Area CSB Restrictive Behavioral Plans presented by RACSB staff Jessica Cooper:
  - RACSB-1 reviewed and no recommendation made.
  - RACSB-2 reviewed and no recommendation made.
  - RACSB-3 reviewed. Plan states purpose of restriction is to maintain safety for self and others. During presentation by Ms. Cooper, no indication was given that individual is a risk to harm others. If this information is not accurate, please make this correction in the treatment record. If individual is a risk to harm others, please describe the specific behaviors that pose a safety risk.
  - RACSB-4 reviewed. Ms. Cooper was unable to explain exactly how the restriction was being utilized. The provider should develop a protocol that includes the length of time the restriction is to be used and not in use and identify what less restrictive alternatives have been tempted.
  - RACSB-5 – reviewed. A yes or no must be indicated on the last question on the LHRC review form. The restrictions in place are court ordered according to Ms. Cooper.

NEXT MEETING – July 28, 2020 at 10:30am at 15361 Bradford Rd, Culpeper, Virginia

MEETING ADJOURNED – Motion made to adjourn by Dr. Garrett seconded by Ms. Muenger.

Meeting adjourned at 11:13am.

These Minutes were transcribed by Artea Ambrose, Human Rights Advocate.